

COMMON ELEMENTS OF THE EIGHT METHODS OF RESTARTING PLAY

RESTART	KICK-OFF	THROW-IN	GOAL KICK	CORNER KICK	INDIRECT FREE KICK	DIRECT FREE KICK	PENALTY KICK	DROPPED BALL
Reason ball is out of play	Start game, 2nd half, overtime periods. Goal scored	Ball passed completely over touch line	Ball passed completely over goal line, last touched by attacking team	Ball passed completely over goal line, last touched by defending team	Non-penal foul, misconduct, offside, certain technical infractions	Penal foul, other than by defending team in own Penalty Area	Penal foul by defending team inside own Penalty Area	Any other temporary stoppage of the game by referee
Where is restart taken?	Center Mark	Point where ball crossed touch line (± 1 yd.)	Anywhere within Goal Area (including line)	Corner Arc nearest to where ball left field	Where foul or offside occurred ¹ or where ball was for misconduct	Where foul occurred ¹	Penalty Mark (12 yds from goalline) ²	Where ball was when play was stopped ³
Distance of opponents from ball	10 yds ² and in own half of field	2 yds and may not distract or impede	Outside Penalty Area	10 yds ²	10 yds ²	10 yds ²	10 yds ² and outside Penalty Area	Referee's decision
When is the ball in play	Ball is Kicked forward	Thrown & any part enters field	Ball is kicked ⁴ & leaves PA	Ball is kicked ⁴	Ball is kicked ⁴ (& leaves <u>own</u> PA)	Ball is kicked ⁴ (& leaves <u>own</u> PA)	Ball is kicked forward ⁴	Ball touches ground
Can player who receives ball directly be offside?	Does not apply (all players must be in own half of field)	No	No	No	Yes	Yes	No (players must be onside before kick is taken)	No (first player to touch ball cannot be offside)
Can goal be scored directly?	Yes (only against opposing team)	No	Yes (only against opposing team)	Yes	No	Yes (only against opposing team)	Yes (only against opposing team)	Yes
When is the restart considered over?	For any of these restarts, the restart ends when the ball is touched by a second player, or leaves the field of play. If the kicker (or thrower) plays the ball a second time after it is in play, but before it is touched by another player, an Indirect Free Kick is awarded to opponents.							Ball touches ground

NOTES:

- 1 A Free Kick taken by the defending team within its own Goal Area, may be taken from anywhere within the Goal Area. An Indirect Free Kick awarded to the attacking team in the Goal Area is taken on the Goal Area Line parallel to the goal line.
- 2 Distance indicated is for full-sided games. In short-sided games, on smaller fields, the exact distance varies by division. PM halfway between Goal Area and Penalty Area lines
- 3 Dropped balls, which would normally be taken in the Goal Area, are taken on the Goal Area line parallel to the goal line.
- 4 AYSO guidelines are that the ball is considered to have been kicked, and to have moved, if it is merely touched with the player's foot.